



Book	Current Board Policies
Section	A: FOUNDATIONS AND BASIC COMMITMENTS
Title	Pattonville School District Wellness Program
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**PATTONVILLE SCHOOL DISTRICT**  
**EPS Code: ADF, page 1 of 2**

**PATTONVILLE SCHOOL DISTRICT WELLNESS PROGRAM**

The Board recognizes the relationship between student wellness and student achievement as well as the importance of a comprehensive district wellness program. Therefore, the district will provide and support a healthy environment where children shall learn and participate in positive, developmentally appropriate, dietary and lifestyle practices. The wellness program will be implemented in a multidisciplinary fashion. It will be evidence based and involve sequential nutrition and health education as well as opportunities for physical activity.

**1. Wellness Committee**

The district will establish and maintain a wellness committee that consists of at least one (1): parent, student, nurse, school food service representative, Board member, school administrator, member of the public, and other community members as appropriate. If available, a qualified, credentialed nutrition professional will be a member of the wellness committee. The Board designates the following individual(s) as wellness program coordinator(s): Chief Financial Officer and Assistant Superintendent of Curriculum and Instruction or their designees. Wellness coordinators, in consultation with the wellness committee, will be in charge of implementation and evaluation of this policy. Meetings, records and votes of the wellness committee will adhere to the requirements of the Missouri Sunshine Law.

**2. Nutrition Guidelines for Foods Served at School**

It is the policy of the Pattonville School District that all foods and beverages sold to students during the school day on any property under the jurisdiction of the district will meet the nutrition standards established by the U.S. Department of Agriculture (USDA) and state guidelines. These nutrition standards apply to all food and beverages sold to students, including those sold in vending machines, school stores and through district-sponsored fundraisers, unless an exemption applies. For the purposes of this policy, the school day is the time period from the midnight before to 30 minutes after the official school day.

**3. Evaluation**

The wellness program coordinators shall be responsible for coordinating with the Assistant Superintendent for Curriculum and Instruction or designee as needed, to assess education curricula and materials pertaining to wellness

for accuracy, completeness, balance and consistency with the state and district's educational goals and standards. Wellness program coordinators shall be responsible for working with the Wellness Committee to recommend guidelines that form a framework for district and school level programs that promote wellness. Principals will be required to complete a School Wellness Implementation Plan, each September, to the Director of Student Services. This plan will be updated and evaluated annually. The coordinators, in cooperation with the building principals are charged with operational responsibility for ensuring that schools meet the goals of the district wellness policy. Wellness program coordinators will report to the Board annually.

#### **4. Nutrition, Health and Physical Education**

The district will provide physical education and nutrition education aligned with state guidelines. In addition, the district will disseminate nutrition messages and other nutrition-related materials to students, staff and the community through a variety of media and methods. The wellness program coordinators, in consultation with the wellness committee, will develop procedures that address nutrition education and promotion.

#### **5. Other School-Based Activities**

The wellness program coordinators, in consultation with the wellness committee, are charged with developing techniques, to address other school-based activities to promote wellness. These procedures or techniques will include, but not be limited to, lunchroom climate, parent wellness education, drug and weapon education and employee wellness modeling.

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Cross Refs: Pattonville Policy EF, Food Services Management  
*Section 204 of Public Law 108-265 Local Wellness Policy*  
*Missouri Show Me Standards—Health/ Physical Education*  
*Missouri Frameworks for Curriculum Development*  
Missouri Eat Smart Guidelines

Legal Refs: §§ 610.010 - .028, RSMo.  
The Child Nutrition and WIC Reauthorization Act of 2004, Section 204, P.L. 108-265  
The Richard B. Russell National School Lunch Act, 42 U.S.C. §§ 1751 - 1769h—*Sale of Competitive Foods and Foods of Minimal Nutritional Value*  
The Child Nutrition Act of 1966, 42 U.S.C. §§ 1771 - 1789